

BEST PRODUCTS! GREAT PRICES!

Bless the LORD, O my soul, and forget not all his benefits: Who forgiveth all thine iniquities; who healeth all thy diseases; Psalm 103:2,3



www.herbsupply.net
(352)-450-1695 Fax:(352)-419-7303
10508 E Victory Ln, Inverness, FL 34450
Autumn & Winter 2013/2014
Last revised 10.01.13



Welcome

Herbsupply.net is the best seller of natural supplements and herbs as well as other natural health care products.

All herbs and supplements that we sell are of the highest quality. When possible, the herbs are organic, wild-crafted and non-sprayed.

All of herbs and supplements that we sell are encapsulated in gelatin free <u>vegetable capsules</u>, <u>halal</u> and <u>kosher certified</u>. They are made from the southern pine tree and reverse osmosis (filtered) water. Gelatin-based capsules may contain infectious disease-causing agents such as those associated with "Mad Cow Disease."

The capsules contain absolutely NO FILLERS – just herbs and/or pure supplements.

We have a passion to be the best seller of herbs and supplements as well as many other natural health solutions for you and your loved ones.

With supply.net, your buying experience is 100% guaranteed to be absolutely positive! We care about you and welcome your comments and suggestions.

Good Health to You All,

Herbsupply.net team.

Disclaimer:

The statements regarding products have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease. Information contained in this publication is intended for the sole use of individuals using the publication. It is not meant as a substitute for, or alternative to information from health care practitioners. If you are taking any medication or are under treatment for any disease, please consult your health care professional about potential interactions or other possible complications before taking any of these products. If you are pregnant or lactating, please consult with your health care professional before taking any medication or dietary supplements.

The efficacy of these products has not been confirmed by FDA-approved research, and the traditional use of these products does not establish that the products will achieve the manufacturer's claimed results. Also, we cannot and do not assume any liability for any adverse reactions from the use of custom formulations.



*Certified Organic **Wild Harvested ***Non-Sprayed

Common Name	mg	Bottle 100 Caps	Foil Bag 300 Caps
African Bird pepper (Cayenne) 180000HU**Stimulating circulatory tonic, Support cardiovascular and	385	\$12.75	\$26.75
arterial health.		#30941	#30888
Agrimony** Diarrhea, Bladder leakage, Heavy menstrual bleeding, Coughs and sore throats, Tonic for the	350	\$11.99	\$22.75
digestive system and remedy for healing peptic ulcers, Supports the function of the liver and gallbladder, Improves		#30886	#30887
minor injuries and chronic skin conditions.		#30000	#30887
Alfalfa leaf* Detoxes the urinary tract, Purifies the blood and liver, Has a strong alkaline effect on the	310	\$11.99	\$24.75
body,Promotes bowel movement regularity and healthy hydration,Eases general digestive problems,Contains high			
levels of enzymes for food digestion and assimilation, Lowers bad cholesterol, and reduces incidence of		#30884	#30885
atherosclerotic plaque, Supports healthy blood sugar levels, Promotes stamina, endurance and vitality; Supports the pituitary gland.			
Aloe, Cape***Occasional constipation,Promotes healthy digestion.		\$13.75	\$28.75
		#30882	#30883
Angelica root** Promotes healthy digestion and calms heartburn, gas, and bloating. Supports upper respiratory	450	\$12.75	\$25.95
function.		#30880	#30881
Anise Seed***Promotes digestion,Alleviates gas, Bloating, Nausea, Belching, Abdominal cramps; Promotes	430	\$11.99	\$22.95
healthy respiratory & bronchial function.		#30878	#30879
Ashwagandha root**Promote vitality,Helps body adapt to physical & mental stress, Supports nervous system	465	\$13.75	\$28.75
health,Builds healthy blood,Restores sexual energy,Supports the immune system,Supports thyroid health.		#30876	#30877
Astragalus root**Supports healthy immune function and the heart in healthy subjects, Supports upper		\$13.75	\$27.75
respiratory health,Promotes energy,Boosts stamina and vitality,Digestive support, Supports healthy liver and spleen		#30874	#30875
function.		#30674	#30673
Barberry root bark** Supports healthy liver & gallbladder, Spleen health, Cleanses & supports gastrointestinal	370	\$13.75	\$27.75
system, Promotes blood cleansing, Supports the immune system, Promotes healthy skin.		#30872	#30873
		1130072	1130073
Beet Root*** Treats fever, disorders of the blood, constipation and other gastrointestinal complaints, Counters the	455	\$12.75	\$26.75
effects of oxidative stress and deter cancer, Stimulate the libido, Antioxidant, Protects the liver.		#30870	#30871
Bilberry leaf* Supports healthy eyes and eyesight, Antioxidant.	335	\$13.75	\$28.75
		#30868	#30869
Black Cohosh root** Supports women's health. Supports a healthy menopause and PMS, Soothes menstrual	525	\$14.75	\$31.95
cramps, ease hot flashes and the nervous irritability and mild mood changes that accompany menopause.		#30866	#30867
Black Walnut hulls** Promotes intestinal cleansing, Promotes healthy flora, Supports blood cleansing.	420	\$11.99	\$24.75
J		#30864	#30865
Bladderwrack** Iodine-rich sea plant, Supports thyroid function, Provides metabolic support to promote healthy	385	\$11.99	\$22.75
weight loss.		#30862	#30863

Page 4

Common Name	mg	Bottle 100 Caps	Foil Bag 300 Caps
Blessed Thistle**Promotes healthy digestion, Supports healthy liver and gallbladder functions, Promotes hormonal	330	\$13.75	\$29.75
balance, Supports a healthy female cycle, Promotes healthy lactation, Promotes menopausal health, Supports blood cleansing, Promotes circulation.		#30860	#30861
Blue Cohosh** Promotes balance in a woman's cycle, Soothes menstrual and muscle cramps, PMS,Promotes	485	\$12.75	\$26.95
uterine health, Calms and relaxes the nerves.		#30858	#30859
Blue Violet leaf** Blood purifier, Promotes healthy lymphatic system, Supports respiratory system, For	385	\$13.75	\$27.75
gastrointestinal health, Calms nerves, Promotes skin health.		#30856	#30857
Boswellia**Ayurvedic herb for joint, cartilage and muscle support.	375	\$14.75	\$30.75
		#30854	#30855
Buchu** Supports urinary tract and kidney health, Premenstrual bloating, Supports prostate.	390	\$14.75	\$30.75
		#30852	#30853
Buckthorn bark**Relieves occasional constipation, Maintains healthy bowel function, Supports healthy liver &	345	\$12.75	\$25.75
gallbladder function.		#30850	#30851
Bupleurum root** is detoxifying and anti-microbial with bitter, acrid, and cooling properties. The root is used for the	355	\$13.75	\$29.75
bowel, heart, gall bladder, kidneys, liver, lungs, lymph, the circulatory system, and the Pericardium channel.		#30848	#30849
Burdock root* Stimulates the release of gastric juices and aids digestion. Supports healthy liver & kidney function, Promotes healthy skin, Supports healthy lymphatic system, Supports bowel regularity, Heavy metal toxicity.	455	\$11.99	\$22.75
Fromotes healthy skin, supports healthy hymphatic system, supports hower regularity, reasy metal toxicity.		#30846	#30847
$\pmb{Calamus\ root} \ ^{**} \ \text{is used to treat cases of asthma, bronchitis, coughs, gastritis, intestinal colic, gastric ulcers and even} \\$	390	\$11.99	\$24.75
anorexia, Rejuvenate the nervous system.		#30844	#30845
Camu-Camu** Contains high amount of Vitamin C,General health boosting essential.	450	\$13.75	\$27.95
		#30842	#30843
Cardamom* Bad breath, Tooth, Gum and Oral Disorders, Digestion, Urinary problems, Depression and	475	\$17.75	\$38.75
Aromatherapy, Cancer Prevention.		#30840	#30841
Cascara Sagrada Bark** Stool softener,Colon health,Healthy intestinal function, Gas, Digestive health,Liver and	375	\$11.99	\$23.75
gallbladder function.		#30838	#30839
Cat's Claw** Supports immune health, Digestive support, Maintains gastrointestinal health, Detoxifies intestinal tract,	505	\$14.75	\$30.75
Maintains joint comfort & mobility.		#30836	#30837
Cedar Berries** IBS, Heartburn ,Regulates blood sugar, great for diabetics, Improve kidney filtration, Boosts	410	\$17.75	\$38.75
Immune System, Rheumatism.		#30834	#30835
Celery Seed*** Support joint health and comfort, Promotes urinary tract health, Promotes bladder health, Supports	470	\$11.99	\$20.75
kidney functions, Promotes circulation, Supports healthy digestion.		#30832	#30833
Chaparral leaf** Antioxidant, Supports cleansing of blood, kidneys and lymphatic system, Eliminates heavy metal	370	\$11.99	\$23.75
toxicities, Supports immune system , joint health. Promotes skin health		#30830	#30831
Charcoal Relieves occasional acid indigestion, Heartburn, Gas, Bloating, Nausea, Soothes upset stomach, Bad breath.	260	\$10.99	\$22.95
		#30911	#30912
Chaste Tree Berries**Helps balance the female cycle and to ease PMS & menstrual discomforts.	505	\$11.99	\$22.75
		#30828	#30829
$\pmb{Chickweed*} \ S \text{kincare,Blood cleanser, Emulsifies fat, Cholesterol wellness, Gentle diuretic, Water retention associated} \\$	345	\$12.75	\$25.75
with menstrual cycle, Soothes stomach and gastrointestinal system.		#30826	#30827
Cleavers** Supports urinary tract health, Herbal diuretic, Promotes healthy lymphatic system, Helps facilitate removal	335	\$12.75	\$25.75
of toxins from the body, Blood purifier, promotes healthy skin.		#30822	#30823

Common Name	mg	Bottle 100 Caps	Foil Bag 300 Caps
Chlorella Broken-cell algae* Improves digestion, Helps with constipation, Boosts immune system, Cleanses the	405	\$17.75	\$40.75
blood, Relieves inflammation, Promotes optimal blood pressure, Reduces pain in fibromyalgia, Reduces body odor.		#30824	#30825
Clove bud*Promotes digestion, Alleviates gas, Belching, Nausea, Bad breath.	485	\$13.75	\$28.75
		#30820	#30821
Corn silk* Kidney & bladder health, Promotes prostate health, Supports healthy blood pressure.	370	\$11.99	\$23.75
		#30818	#30819
Damiana Leaf** Maintains healthy sexual function, Supports libido, Promotes hormone balance, Promotes prostate	365	\$13.75	\$28.75
health, Urinary tract health.		#30816	#30817
Dandelion leaf* Herbal diuretic, Relieves temporary water weight gain, Flushes bladder & urinary system.	390	\$11.99	\$24.75
		#30814	#30815
Dandelion root* Supports healthy liver and gallbladder functions, Supports blood cleansing, promotes digestion, Aids digestion of fats, Promotes cholesterol wellness, Herbal diuretic, Relieves temporary water weight gain.	415	\$11.99	\$24.75
rade agestion of fate, informed processes well response and entering relatives temporary water weight gain.		#30812	#30813
Devil's Claw root** Provide comfort for joint, muscle and connective discomforts.	495	\$14.75	\$30.75
		#30810	#30811
Ong Quai root** Supports female reproductive health, Promotes hormonal balance, Eases PMS discomforts cramps, mild mood changes), Helps balance female cycle, Helpful during menopause, Supports uterine health.	480	\$12.75	\$27.75
(cramps, mile mode changes), resps balance remaie cycle, respirit duming menopause, cupports dienne neam.		#30808	#30809
Echinacea Angustifolia root*Support healthy immune function, Supports lymphatic system, Supports glandular	330	\$17.75	\$40.75
health, Respiratory tract health, Throat gargle.		#30806	#30807
Eyebright** Promotes eye health, Maintains healthy vision, Allergy eyes, Eye strain, Hay fever; supports healthy		\$12.75	\$25.95
sinuses, Respiratory congestion.		#30804	#30805
Fennel seed* Promotes healthy digestion, Relieves stomach ache, Alleviates gas, Bloating, Fullness, Calms abdominal cramps, Soothes occasional heartburn and acid indigestion, Helps maintain gastrointestinal health, Supports	390	\$11.99	\$22.95
bronchial & upper respiratory health.		#30802	#30803
Fenugreek seed* Supports lung, Bronchial & respiratory function, Soothes the throat, Promotes bowel regularity, Supports healthy glucose metabolism, Cholesterol wellness; digestive health, Soothes gastrointestinal system.	575	\$11.99	\$24.75
Supports freating glucose frietabolism, Cholesteror wellness, algestive freatin, Southes gastromestinal system.		#30800	#30801
Feverfew* Supports head well-being, Supports blood vessel tone, Promotes circulation, Anti-spasmodic, Menstrual	365	\$12.75	\$26.95
cramps, PMS, Supports a healthy female cycle, Supports healthy blood pressure, Joint health.		#30798	#30799
Garlic bulb* Supports healthy blood pressure,upper respiratory health.Maintains cholesterol levels, Promotes heart	605	\$12.75	\$25.75
health, Promotes circulation, Reinforce immune defenses,		#30796	#30797
Gentian root**Digestion tonic, alleviates gas, Bloating, Soothes upset stomach, Promotes intestinal health, Relieves	430	\$13.75	\$28.75
occasional constipation, Promotes healthy bowel function, Liver & gallbladder function, Supports body during recovery from illness.		#30794	#30795
Ginger root* Promotes healthy digestion, Soothes upset stomach, Sour stomach, Gastrointestinal distress,	470	\$11.99	\$24.75
Occasional acid indigestion, Motion sickness, Cramps associated with menstrual cycle, Promotes healthy circulation, Promotes joint flexibility, Respiratory health.		#30792	#30793
Ginkgo leaf* Healthy mental & brain function, Supports long and short-term memory, Supports circulation, Herbal	395	\$13.75	\$29.75
antioxidant.		#30790	#30791
Ginseng, Siberian*	435	\$12.75	\$27.75
		#30786	#30787

Page 6

Common Name	mg	Bottle 100 Caps	Foil Bag 300 Caps
Ginseng, Panax** Energy boost, Sexual tonic, Improves mental performance & concentration, Supports hormone	435	\$18.75	\$43.75
alance, Enhance athletic performance, Immune system support, Digestive tonic, Blood sugar health.		#30788	#30789
Golden Seal root**Immune system function, Bronchial, sinus and respiratory tract health, Digestive aid, Calms	510	\$22.75	\$58.75
stomach upset, Liver & gallbladder function, Throat, mouth & gum care.		#30784	#30785
Gotu Kola** Promotes physical & mental energy, circulation ,vitality, Supports memory & cognitive function, nervous	450	\$13.75	\$28.75
system health, Nervousness due to common every day over work.		#30782	#30783
Grape Seed Extract, Pure Chronic venous insufficiency, Edema, High cholesterol, High blood pressure, Cancer.	350	\$21.75	\$50.75
		#30780	#30781
Gravel root**Supports kidney/bladder health, joint health, Reduces sediment build up, Relieves occasional water	395	\$13.75	\$29.75
retention and bloating, Cleanses & flushes urinary tract.		#30778	#30779
Guggulu*** Lowers cholesterol, Anti-oxidant, Anti-inflammatory, Can cure asthma and bronchitis, Anti-bacterial,	470	\$27.75	\$72.75
Helps to lose weight.		#30776	#30777
Gymnema* Supports healthy glucose metabolism, Helps reduce sugar cravings, Suppresses taste of sweet foods.	405	\$12.75	\$26.75
		#30774	#30775
Haritaki Fruit Aid in reducing cough, vomiting, coarse throat, malabsorption, spleen problems, tumors, diarrhea,	510	\$12.75	\$26.95
aundice, itchy skin, edema, parasites, distention and heart disease, Remedies digestive issues and is beneficial for brain		#30772	#30773
health and sharpening the senses.			
Hawthorn berries* Cardiovascular health, Supports healthy blood flow, Support blood pressure, Antioxidant	425	\$12.75	\$25.75
protection of blood vessels, Mild herbal diuretic.		#30770	#30771
Hops flower** Occasional sleeplessness, Calms stress, Restlessness, and simple nervous tension, Relaxes tense	395	\$12.75	\$25.95
muscles.	325	#30768	#30769
Horny Goat Weed** Supports sexual vitality, Improve sexual performance, Increase sexual desire and stamina, Promote healthy function of the reproductive system, Maintains healthy respiratory function.		\$11.99	\$22.95
Tomore reality faricion of the reproductive system, maintains reality respiratory faricion.		#30766	#30767
Hydrangea root* Supports urinary tract health, Helps reduce sediment build-up, Supports bladder health, Soothes	310	\$12.75	\$25.75
genito-urinary tissues, Herbal diuretic, Promotes prostate health.		#30764	#30765
Hyssop** Supports normal, healthy respiration, healthy lung function, Supports Healthy breathing, Alleviates Gas,	435	\$11.99	\$24.75
Bloating, Calms upset stomach, Supports the digestive system.		#30762	#30763
Irish moss** Soothes throat & bronchial passages, Upper respiratory system support, Supports healthy breathing, Nourishes thyroid and supports glandular health, Boosts metabolism, Soothes gastrointestinal health, Supports	635	\$12.75	\$25.75
detoxification.		#30760	#30761
Juniper berries* Promotes healthy water balance, Promotes urinary tract health, Stomach tonic, Natural digestive	345	\$13.75	\$28.75
system support, Soothes upset stomach, Gas, Supports joint health.\		#30758	#30759
Kava kava**Promotes physical and mental relaxation, Relieves occasional sleeplessness, Helps ease muscle	370	\$12.75	\$28.75
discomfort, Calms emotional stress, Herbal muscle relaxant, menstrual cramps, Head discomforts, Menopausal health.		#30756	#30757
Kelp(Icelandic)*Herbal iodine source, Supports thyroid function, Boosts metabolism.	605	\$11.99	\$24.95
		#30754	#30755
Licorice root* Supports respiratory function, immune health, Soothes mucus tissue, Relieves occasional acid	465	\$12.75	\$26.75
indigestion, Maintains gastrointestinal health, Promotes energy.		#30752	#30753
Lobelia** Supports respiratory function, healthy bronchial passages, Promotes healthy lung function, Promotes	345	\$14.95	\$29.75
relaxation, Antispasmodic, Relaxes muscles, Eases minor discomforts.	5.5	#30750	#30751

Common Name	mg	Bottle 100 Caps	Foil Bag 300 Caps
Long Jack** Improves testosterone production, physical and mental performance, Enhancing energy level, and		\$14.75	\$31.95
increasing endurance and stamina, Toning of the skin and muscles, and is beneficial to the immune system.		#30748	#30749
Marshmallow root** Soothing support for mucus tissue, throat, respiratory, digestive, and urinary systems, Helps	430	\$12.75	\$25.75
maintain gastrointestinal health.		#30746	#30747
Maca Root*** Rejuvenative tonic, Boosts endurance & stamina, Promotes energy, Promotes healthy sexual	467	\$12.75	\$25.95
function for men and women, Increases sexual desire and satisfaction.		#30744	#30745
Milk Thistle* Regenerative liver tonic, Helps neutralize cell damaging free radicals, Promotes digestive health,	435	\$12.75	\$26.75
Supports gallbladder function, Stimulates bile flow.		#30742	#30743
Moringa Leaf***Increases the Natural Defenses of the body,Provides nourishment to the eyes and the	500	\$16.75	\$38.75
brain, Promotes metabolism with bio-available ingredients, Promotes the Cell structure of the body, Promotes natural			
Serum cholesterol,Lowers the appearance of wrinkles and fine lines,Promotes the normal functioning of liver and			
kidney,Beautifies the skin, Promotes energy, Promotes proper digestion, antioxidant,Takes care of the immune system of		#30933	#30934
the body, Promotes healthy circulatory system, anti-inflammatory, Supports the normal sugar levels of the body			
Motherwort* Supports healthy cardiovascular function, Supports healthy blood pressure, feelings of anxiety after	305	\$11.99	\$23.75
childbirth, Menstrual discomfort, Menopause, Simple nervous tension & anxiety, Promotes relaxation.		#30740	#30741
Mullein leaf* Promotes free breathing, Supports healthy lung function, Supports healthy sinus, Clears mucus,	290	\$12.75	\$25.75
Allergies/hay fever, Eases minor discomforts.		#30738	#30739
Myrrh Gum** Immune system support, Enhances natural resistance, Soothing support for mucus tissue of the throat, Respiratory and digestive systems, Sinus health, Clears out mucus, Promotes oral health, Gastrointestinal health, Supports healthy female cycle.		\$12.75	\$25.75
		#30736	#30737
Neem** Immediate immune support, Helps maintain healthy ecology, Herbal antioxidant, Blood purifier, Skin		\$15.75	\$25.95
blemishes ,Relieves occasional constipation, Promotes healthy digestion, Minor aches, Promotes healthy glucose metabolism.		#30734	#30735
Nettle leaf** Non-drowsy seasonal sensitivities support, Herbal diuretic, Promotes urinary tract health, Supports kidney and bladder health, Herbal tonic, Builds healthy blood, Traditional blood purifier, Blood pressure health.	360	\$12.75	\$25.75
Namely and bladder reduit, recibility, builds reduity shoot, reduited shoot parties, blood pressure reduit.		#30732	#30733
Nettle root** Promotes healthy urinary function, Promotes urinary flow, Supports prostate health, Calming effect on the bladder, Supports respiratory function, Soothes the mucus tissue, Throat and bronchial passages.	350	\$11.99	\$23.95
the bladder, Supports respiratory function, Goothes the mucus assue, Timoat and prononial passages.		#30730	#30731
Oat Straw** Nourishes and relaxes the nervous system, Supports positive mood, Supports emotional well-being,	330	\$11.99	\$23.75
Nutritive body tonic, Promotes healthy hair, skin & nails, Promotes healthy bones.		#30728	#30729
Olive leaf Extract %18 Oleuropein***Supports a healthy immune system, Restores energy and stamina,	475	\$16.95	\$40.95
Supports urinary tract health, Supports blood pressure health, Promotes intestinal cleansing, Herbal antioxidant.		#30726	#30727
Oregon Grape root** .Promotes liver and gallbladder function, Supports healthy, clean blood, Whole body	350	\$11.99	\$24.95
cleanser, Promotes clear, healthy skin, Skin wash, Supports glandular health, Bitter digestive tonic, Builds blood, Herbal alkalizer.		#30724	#30725
Papaya leaf Indigestion, Promotes digestion, Gas, Nausea, Bloating, Sour stomach.	450	\$11.99	\$22.75
		#30722	#30723

Page 8

Common Name	mg	Bottle 100 Caps	Foil Bag 300 Caps
Parsley root* Promotes fluid balance, Herbal diuretic, Promotes urinary tract health, Supports kidney & bladder health,	465	\$12.75	\$27.75
Ease bloating associated with the menstrual cycle, maintains healthy blood pressure, Supports prostate health, Supports joint health.		#30720	#30721
Passion Flower** Ease stress, Occasional sleeplessness, Nervous irritability, Gentle Valerian alternative, Calms simple	425	\$12.75	\$25.75
nervous tension associated with hormonal transitions, Relaxes tense muscles, Muscular cramps, PMS.		#30718	#30719
Pau D'Arco bark**Supports immune health, Supports healthy intestinal ecology, Supports healthy liver function,	450	\$11.99	\$22.75
Blood cleanser, Skin health, Prostate health, Joint discomfort, Prostate health, Joint discomfort, Environmental sensitivities.		#30716	#30717
Peppermint leaf*Promotes healthy digestion and eases abdominal cramps, Alleviates gas, Bloating, Nausea, Soothes	360	\$11.99	\$23.75
occasional heartburn, Calms upset stomach, Stomachache.		#30714	#30715
Pleurisy root**Supports healthy lung function, Promotes respiratory health, Soothes bronchial passages, Promotes free	485	\$14.75	\$30.95
breathing.		#30712	#30713
Prickly Ash bark** Supports healthy circulation, Promotes digestion, Supports a healthy lymphatic system, Supports	375	\$14.75	\$31.75
blood cleansing.		#30710	#30711
Psyllium Husk*** Occasional constipation, Stool softener, Gentle bulk laxative, Maintains, soothes and lubricates the	500	\$11.99	\$22.75
gastrointestinal tract, Maintains healthy blood sugar levels, helps maintain healthy cholesterol levels that are within normal range.		#30708	#30709
Psyllium Seed***Promotes regularity, Gentle bulk laxative, Maintains, soothes & lubricates the gastrointestinal tract,	480	\$11.99	\$22.75
Cleanses colon.		#30706	#30707
Pygeum** Prostate, Urinary,Fertility,Sexual benefit		\$13.75	\$28.75
		#30704	#30705
Red Clover blossoms* Promotes healthy blood & lymphatic system, Supports healthy liver function, Supports immune	365	\$13.75	\$27.95
system, Supports healthy estrogen levels during menopause, Eases hot flashes, Promotes respiratory & bronchial health, healthy skin, Gentle diuretic.		#30702	#30703
Red Raspberry leaf*Supports female reproductive health, Relieves menstrual discomforts, Supports a smooth female	475	\$11.99	\$24.75
cycle, Morning sickness associated with pregnancy, Postpartum tonic, Promotes healthy lactation.		#30700	#30701
Red Root**	420	\$14.75	\$29.95
		#30698	#30699
Rose Hips** Herbal source of vitamin C and bioflavonoids, Antioxidant support neutralizes harmful free radicals,		\$11.99	\$23.75
Supports the immune system, Supports respiratory function, Gentle diuretic, Supports kidney, Bladder and urinary tract health.		#30696	#30697
Rosemary leaf*Promotes circulation, Supports healthy memory function, joint function, Ease nervous tension & stress,	300	\$12.75	\$25.75
Promotes digestion & gastrointestinal health, Menstrual cramps.		#30694	#30695
Safflower petals Joint discomfort, Digestive health, Promotes healthy circulation; supports healthy liver and gallbladder	385	\$16.75	\$36.75
function, Cardiovascular health, Immune support.		#30692	#30693
Sarsaparilla leaf** Traditional blood purifier, Promotes healthy skin, hormonal balance, Supports glandular health,	365	\$12.75	\$27.75
Gentle herbal diuretic, Promotes urinary tract health, and joint health.		#30690	#30691
Saw Palmetto*Promotes optimum prostate & sexual health.	490	\$12.75	\$25.95
		#30688	#30689
Scullcap*Promotes relaxation, Supports restful sleep, Eases tension when under occasional stress, Restlessness,	285	\$14.75	\$29.95
Soothes temporary muscle and nerve discomfort, Menstrual cramps.		#30686	#30687
Senna leaf*Relieves occasional constipation, Supports healthy bowel function, Promotes intestinal cleansing.	400	\$11.99	\$23.95

Common Name	mg	Bottle 100 Caps	Foil Bag 300 Caps
Shavegrass*Supports healthy urinary tract, Promotes kidney and bladder health, Strong bones, healthy hair, skin & nails, Split ends, Supports	385	\$12.75	\$25.75
healthy blood circulation.		#30682	#30683
Shepherd's Purse*	310	\$12.75	\$25.75
		#30680	#30681
Slippery Elm bark*Supports mucus membranes of the stomach, bowel, colon, and respiratory passages, Digestive health and upset stomach,	420	\$14.75	\$30.75
Occasional acid indigestion, lubricates bowel for smoother, Softer elimination, Skin care.		#30678	#30679
Spirulina(Hawaiian)**	395	\$15.75	\$34.95
		#30676	#30677
St. John's Wort* Promotes positive mood, Supports emotional well-being, Supports nervous system health.	365	\$12.75	\$24.95
		#30674	#30675
Sweet Annie**	400	\$13.75	\$28.95
		#30672	#30673
Turkey Rhubarb root**	470	\$11.99	\$24.75
		#30670	#30671
Tribulus fruit***	460	\$12.75	\$25.75
		#30668	#30669
Turmeric Root***	445	\$10.99	\$23.75
		#30666	#30667
Uva Ursi* Supports healthy urinary tract, Promotes bladder health, Supports bladder muscles, supports healthy kidney function, Soothes urinary	385	\$12.75	\$26.75
and bladder discomforts, Cleanses and tones urinary passage, increases urine flow, supports prostate health.		#30664	#30665
Valerian* Relieves occasional sleeplessness, Stress, tension and nervous irritability, menstrual cramps, Relaxes muscles, Minor musculo-skeletal	460	\$14.75	\$31.75
discomforts.		#30662	#30663
White Oak bark** Herbal astringent, Supports urinary bladder health, Helps maintain body's water balance, Dry up nasal drips, mouth and gum	410	\$11.99	\$23.75
irritation, throat irritation.		#30660	#30661
White Willow bark**	385	\$11.99	\$24.75
		#30658	#30659
Wild Cherry bark** Promotes respiratory function, Provides immediate respiratory support, Soothes mucus membranes of the throat, bronchial	370	\$11.99	\$23.75
and respiratory system, Helps maintain free, clear breathing, Promotes digestion.		#30656	#30657
Wild Lettuce**Mild sedative, pain reliever and to calm restlessness.\	405	\$13.75	\$28.75
		#30654	#30655
Wild Yam root**Promotes hormonal balance, Supports a smooth female cycle, Menstrual cramps, muscular cramps, Gastrointestinal cramps,	460	\$12.75	\$27.75
Menopausal symptoms, Digestive health, Gas, Nausea, Calms nerves, Gallbladder health, Supports joint function.		#30652	#30653
Wormwood** Promotes intestinal cleansing, healthy liver function, Bitter digestive tonic, Supports healthy digestion, Alleviates nausea, gas,	305	\$12.75	\$25.75
bloating, feeling of fullness, Occasional acid indigestion.		#30650	#30651
Yarrow** Herbal astringent, Maintains healthy liver and gallbladder function, Supports immune health, Promotes healthy digestion, Promotes	330	\$13.75	\$28.75
blood cleansing, Eases menstrual cramps.		#30648	#30649
Yellow Dock root** Supports blood cleansing, Builds healthy blood, Supports liver function, Supports healthy lymphatic system, Promotes	495	\$11.99	\$24.75
healthy skin, Relieves occasional constipation, Promotes healthy digestion.		#30646	#30647
Yucca root**	330	\$13.75	\$28.75
		#30644	#30645

Again - Thank you for your business. We will be adding more information on each single herb shortly.

If you don't see the herb in this listing you are interested in, please contact us



Nutrition - Avoid all refined foods. Use fruits, vegetables, nuts and seeds, legumes and grains, as fresh & simple as possible. Fresh is best, Frozen next best, dried is OK also. Eat as much as possible fresh & raw. Sprouts are very good. Reduce oil and fat, including margarine and vegetable oils and things made with them; especially Canola oil. (Read Labels). Use no refined sugar. Aspartame or artificial sweeteners: replace with honey or dried fruits and use these Lightly. Avoid 'salt bombs' such as cheezies, chips, pretzels and party snacks. Most cheese is extremely high in fat & salt and should be limited. Use no deep fried foods. Don't mix fruits and vegetables at the same meal. Avoid 'hot' spices and vinegar. Cook in Glass, stainless steel, or enamel, not aluminum. (or better still eat it raw) If you can, get organically grown foods. Avoid micro waved, and irradiated produce. The more man does with a food the less nutritional value it has left when he is finished.

Exercise- Begin a program of walking. Walk as far as is comfortable, gradually working up to 3 or 4 miles a day. Take a walking stick for stability. Work up to a minimum of 20-30 minutes at least every other day. If muscles are weak, every other day is better, as it takes 48 hrs. recovery time. Can't go out? A rebounder, (mini trampoline) is good for some.

Water- Your body is about 75% water. Lots of water is needed for optimal function. Every process in your body depends on the presence of adequate water. Drink lots of pure, soft water daily. Distilled or reverse osmosis water is best. Juice, tea or soft drinks do NOT take the place of water. Your weight ÷ 2= minimum number of oz. of water to drink daily. Adequate fluid intake will increase your endurance and energy levels. Studies show DEHYDRATION at the cellular level to be the root cause of many diseases. Carry a supply with you at work and on walks etc. On arising squeeze a fresh lemon into two glasses room temperature or warm water and drink it. Drink between meals. 2 hours after to 1/2 hour before, not with meals. Taking 2 glasses 1/2 hour before each meal, prevents mealtime thirst, aids digestion and prevents ulcers. Shower daily with cool or tepid water using a bath brush or good rough washcloth to rub your skin all over. This improves circulation and helps the body to get toxins out.

Sunshine- Sunshine has several benefits to the body. It furnishes the natural Vitamin D and helps to lower cholesterol. Sunlight increases the volume of oxygen in the blood. Start with 10-15 minutes daily to face and hands and work up to 30-45 minutes daily. The best time for sunbathing is 9-10 am and 4-6 PM. Avoid burning. To lessen skin cancer risk, reduce the fat intake, such as animal fats, oils, margarine- (and foods containing refined, processed oils)

Temperance- Temperance is not only concerned with drinking booze or smoking; good health requires moderation and wise choices in all aspects of life. Over- eating, over- playing, over - working, and over- indulgence of the marriage privilege can all contribute to poor health. Abstain from all harmful indulgences; Tobacco, alcohol coffee, tea, (except herbal tea) colas and soft drinks. The bit of pleasure they might give is not worth the misery they cause in the long run.

Fresh Air- Pure fresh air is very important to our well being. That means good air with lots of oxygen. Walking in forests and nature is great. Do some deep breathing exercises daily, this is very helpful in the morning. Even in winter have windows open a little and air rooms daily. Avoid smoke, chemicals, room fresheners and aerosol sprays.

Rest- Get adequate restful sleep; an early, light supper, well before bedtime and no eating before bed will help. A relaxing warm bath may help you unwind, avoid stressful and stimulating activities before bedtime. Regular times for going to bed and rising will also help. The best time to go to bed is between 9 and 10 PM. This sounds strange, because in our culture, it almost seems in bad taste to sleep. 100 years ago the average person got 9 or more hours sleep. Now it is more like 4 or 5. Exercise during the day also helps set the stage for restful sleep. Avoid using drugs for sleep, as these are harmful and sleep thus attained is of little benefit to your body. Lack of restful sleep is for many the root of the 'enervation' that brings disease. For healing and cleansing to occur much rest and sleep is needed as these actions are done only while asleep.

Trust in God- An abiding faith in our loving God will help you. He has made every provision to forgive and cleanse all our past mistakes. He will give power to break harmful addictions and help us overcome bitter and angry attitudes that 'eat us up' inside. If we are 'Willing to be made willing' He will work with us, take away our love for sinning and make us free in Him. Ask Him. Have you ever really read the Bible? Oh, I don't mean just looking up a text at church; I mean really read it as a letter of love from God to you personally? Well, when you do, you will find it full of precious promises; each one meant for you just as much as anybody else. Do you know what 'Faith' is? Well, it is simply taking God at His word; in other words, believing that He means what He says in His Word, the Bible. If you take time every day to read God's Word as personal to you and talk to Him about His promises; your life will blossom as you have never dreamed.

Merbal Supplements

*Certified Organic **Wild Harvested ***Non-Sprayed

Green Nutriment 14 oz



Green Nutriment is a naturally balanced blend of whole foods.

Ingredients:

Spirulina blue-green algae*, Chlorella broken-cell algae*, Purple Dulse seaweed*, Wheat grass*, Spinach leaf*, Alfalfa grass*, Barley grass*, Rose hips*, Orange peel*, Lemon peel*, Beet root*, Astragalus root**, Nettle leaf**, in a base of certified candida albicans free Nutritional Yeast

► These powerful superfoods contain organic and natural proteins, vitamins, minerals, bioflavonoids, and other naturally occurring essential cofactors which regenerate red blood cells, supplying fresh oxygen to the body resulting in a powerful blast of immunity, energy and vitality. The health benefits of the nutrient rich ingredients are almost endless.

Green Nutriment POWDER #30002

Serving scoop included

1 Bottle- \$21.95 6 Bottles- \$21.00 each 12 Bottles- \$20.00 each 24 Bottles-\$19.00 each 48+ Bottles-\$18.50 each

Green Nutriment CAPSULES #30942

600 Capsules 500 mg

1 Bottle- \$41.95 6 Bottles- \$41.00 each 12 Bottles- \$40.00 each 24 Bottles-\$39.00 each 48+ Bottles-\$38.50 each

Green Nutriment 5 Lbs BULK bags

#30943

1 Bag- \$92.00 each 2 Bags- \$87.00 each 5+Bags- \$82.00 each

Green Nutriment 14 oz Without Yeast Flakes!



Rich "green" nutritional ingredients:

Spirulina blue-green algae*, Chlorella broken-cell algae*, Purple Dulse seaweed*, Wheat grass*, Spinach leaf*, Alfalfa grass*, Barley grass*, Rose hips*, Orange peel*, Lemon peel*, Beet root*, Astragalus root**, Nettle leaf**

Green Nutriment POWDER #30944

Without Yeast Flakes!

Serving scoop included

1 Bottle- \$31.95 6 Bottles- \$31.00 each 12 Bottles- \$30.00 each 24 Bottles-\$29.00 each 48+ Bottles-\$29.00 each

Green Nutriment CAPSULES #30945

Without Yeast Flakes!

600 Capsules 500 mg

1 Bottle- \$49.75 6 Bottles- \$48.95 each 12 Bottles- \$47.95 each 24 Bottles-\$46.95 each 48+ Bottles-\$46.45 each

Green Nutriment 5 Lbs BULK bags

#30946 Without Yeast Flakes!

1 Bag- \$142.00 each 2 Bags- \$272.00 each 5+Bags- \$652.00 each



*Certified Organic **Wild Harvested ***Non-Sprayed

	Ingredients	mg	Bottle 100 Caps	Foil Bag 300 Caps
Anti-Cancer Cancer fighter & blood cleanser.	Red Clover Blossoms**, Poke Root**, Sarsaparilla**, Prickly Ash Bark**, Burdock Root**, Buckthorn Bark**, Oregon Grape Root**, Chaparral**, Blue Violet** and Red		\$15.75	\$35.75
(This formula only sold to healthcare professionals!)	Root**.		#30999	#30998
Anti-Parasite Formula Elimination of parasites & worms,	Wormwood**, Black Walnut**, Cloves*, Garlic*, Cascara Sagrada**, Chaparral**, Fennel*, Slippery elm** and Lobelia*	330	\$14.75	\$33.75
anal itch & blood purification	,		#30003	#30997
Anti-Spasmodic	Lobelia**, Scullcap**, Cayenne Pepper**, and Valerian**	340	\$14.75	\$35.75
Formula Relieve spasms			#30995	#30996
Arthritis Formula	Chaparral**, Yucca*, Dandelion root*, Sassafras**, Prickly ash bark**, Black cohosh**, Ginger root*, and Burdock root*	325	\$14.75	\$32.75
Artillus, Gout & Rheumatism	Arthritis, Gout & Rheumatism Cohosh**, Ginger root*, and Burdock root*		#30993	#30994
Blood Detox Cleanse, thin, & improve	Red Clover blossoms*, Chaparral herb**, Lobelia herb**, Garlic bulb*, and Burdock root*		\$12.95	\$29.75
circulation of the blood		445	#30991	#30992
Blood Pressure Cleanses blood, arteries & veins,	Hawthorn Berries**, Siberian Ginseng root**, Mistletoe** Valerian root*, and African Bird Pepper (180,000 H.U.)**		\$12.75	\$30.75
tranquilizes, lowers blood pressure			#30989	#30990
Bone, Flesh and Cartilage	Oak bark**, Marshmallow root*, Mullein*, Black walnut hulls**, gravel root**, Wormwood*, Lobelia** and Skullcap*		\$14.75	\$33.75
Wound healing, tissue & bone regeneration			#30987	#30988
Brain Booster	Ginkgo leaf*, Gotu Kola herb**, Rosemary herb*, Kola nut**, and African Bird	355	\$13.75	\$31.75
Dementia, Alzheimer, Memory loss	pepper(Cayenne)*		#30985	#30986
Colon Cleanse	Cape aloes, Senna herb*, Barberry root bark**, Cascara Sagrada Aged bark,Ginger root*, Fennel seed*, Garlic bulb*, and African Bird pepper(Cayenne)*	435	\$13.75	\$30.75
Cleanse & regulate the bowels	Took , reliner seed , earno suito , and rinical suito pepper (eary time)		#30983	#30984
Depression Treatment	Ginkgo Biloba**, Gotu Kola**, Rosemary Leaf**, Schizandra**, and St. John's Wort**	370	\$13.75	\$31.75
Famala Famuria	Wild Yam**, Chaste Tree berries**, Blessed Thistle*, Dong Quai and Motherwort*	420	#30981 \$12.95	#30982 \$29.75
Female Formula Hormonal imbalances & PMS	The family shade free before y broaded finding, being standard motiferwork	420	#30979	#30980
Fibroid Formula	Chaparral**, Chaste Tree berries**, Pau D'Arco**, and Yellow Dock**	405	\$16.99	\$41.75
			#30977	#30978
Ginseng Combo General tonic, blood pressure,	(Siberian** and Panax)	455	\$15.75	\$37.75
heart & increase circulation			#30975	#30976

Name	Ingredients	mg	Bottle 100 Caps	Foil Bag
Combo Immune	mbo Immune Goldenseal Root**(235mg) & Echinacea Angustifolia Root*(235 mg)		\$22.75	\$57.95
Improve immune system, colds, flu			#30973	#30974
Grape Seed Extract	Certified Organic Rose hips (385 mg.) and Grape Seed Extract PE 95% (100mg.)	485	\$16.75	\$39.95
Arthritis, cancer, allergies, hardening of the arteries			#30971	#30972
Hair Replacement	MSM, Black Walnut Hulls**, Burdock Root*, Nettle Leaf**, Rosemary Leaf***, and	465	\$12.95	\$28.95
Stimulate hair growth	Shavegrass Herb**		#30969	#30970
Herpes Treatment	Echinacea Angustifolia Herb**, Licorice Root**, Peppermint Leaf**, Thyme Leaf***,	380	\$13.95	\$31.75
•	and Cayenne Pepper		#30967	#30968
Immune Formula Strengthen immune system &	Echinacea Angustifolia root*, Echinacea Purpurea herb*, Siberian Ginseng root**, Pau D'Arco inner bark**, Garlic bulb* and Astragalus root**	410	\$15.75	\$36.95
cancer	······································		#30965	#30966
Kidney Formula Cleanse kidneys & kidney stones	Juniper berries*, Hydrangea root*, Gravel root, Corn silk*, Uva Ursi leaves*, Horsetail herb*, Burdock root* and Marshmallow root**	390	\$14.75	\$33.75
Cleanse kidneys & kidney stones	Toronal Toro , 25 door took and majorimation took		#30963	#30964
Liver Formula Cleanse & regenerate liver & gallstones Milk Thistle seeds*, Dandelion root*, Oregon Grape root**, Chaparral I Wormwood leaf**, Ginger root* and Garlic bulb*	Milk Thistle seeds*, Dandelion root*, Oregon Grape root**, Chaparral herb**, Wormwood leaf**, Ginger root* and Garlic bulb*	415	\$14.75	\$33.75
	· v		#30961	#30962
Male Tonic	Male Tonic Siberian Ginseng root**, Panax Ginseng root, Ashwagandha root**, Damiana leaf**	435	\$15.95	\$38.75
Libido & impotence	Sarsaparilla leaf, Saw Palmetto berries*, and Cardamom seeds* and Yohimbe bark**		#30959	#30960
Pain Formula	Wild Lettuce**, White Willow**, Valerian* and Passion flower*		\$15.75	\$36.75
Pain & headache			#30957	#30958
Prostate Formula	Saw Palmetto berries*, Cleavers herb**, Nettle root** and Uva Ursi leaves*	415	\$14.75	\$32.95
Prostate trouble			#30955	#30956
Quit Smoking	Lobelia**, Fenugreek**, Mullein**, Scullcap**, St. John's Wort**, and Wild Lettuce**	400	\$14.75	\$33.95
Treatment Help stop cravings for cigarettes			#30953	#30954
Skin Treatment	MSM, Burdock Root**, Dandelion Root**, Red Clover Blossoms**, and Yellow Dock	495	\$12.75	\$27.75
Improve your skin	Root**		#30951	#30952
Sugar Balance Regulate pancreas & diabetes	Cedar berries**, Uva Ursi leaves*, Licorice root*, Mullein leaf/flower*, Goldenseal root**, Dandelion root*, Gymnema leaf*, and African Bird pepper(Cayenne)*	355	\$15.75	\$36.75
-0 parisipas a alabatos			#30949	#30950
Weight Loss Formula	Chickweed herb*, Safflower petals, Burdock root*, Parsley root*, Bladderwrack**,	415	\$15.75	\$36.75
Lose weight	Echinacea Angustifolia root*, Black Walnut hulls**, Licorice root*, Fennel seed*,			

Barley Grass 1Lb #30940

The Best there is!

1 Bottle- \$41.99



From Pine's Int'l

Serving scoop included

Organic Barley Grass is a powerful detoxifier of the liver, blood, and gastrointestinal tract while chemically neutralizing toxins. The enzymes and amino acids found in Barley Grass may help protect the body from free radicals and carcinogens. Barley Grass also stimulates metabolism and the body's enzyme systems by enriching the blood and increasing red blood-cell count. It may also aid in reducing blood pressure by dilating the blood pathways throughout the body.

Barley Grass is rich in protein and includes all eight of the essential amino acids, as well as 12 of the remaining 16 non essential amino acids. Besides containing most vitamins, minerals and an excellent source of living chlorophyll. Organic Barley Grass has three special components: Superoxide Dismutase (SOD), P4D1 Enzyme, Glycosaminoglycans (GAGs) which make it particularly valuable.

The benefits of Organic Barley Grass powder include:

- ► Improving energy
- ► High antioxidants levels
- ► Improving digestion & regularity
- ► Alkalizing the internal body
- ▶ Rebuild the immune system
- ▶ Providing raw building blocks for the hair, skin & nails
- ► Internal cleansing properties
- ▶ Promoting clear thinking
- ► Anti-aging properties

Colon Detox 8 oz #30939 1 Bottle- \$18.95



▶ This cleansing and soothing formula is to be used periodically in conjunction with Colon Cleanse. This formula is a strong purifier and intestinal vacuum. This formula will draw old fecal matter off the walls of your colon and out of any bowel pockets. It will also draw out poisons, toxins, heavy metals such as mercury and lead, and even remove radioactive material such as strontium 90. This formula will also remove over 3,000 known drug residues. Its natural mucilaginous properties will soften old hardened fecal matter for easy removal and also makes it an excellent remedy for any inflammation in the stomach and intestines

Ingredients:

Psyllium seeds and husks, Flax seeds*, Apple pectin, Pharmaceutical grade Bentonite clay, Slippery Elm inner bark**, Marshmallow root*, Peppermint leaf*, and Activated Wood-based charcoal.

DETOX TEA 8 oz #30938



Great tasting herbal blend that is cleansing to the kidneys, liver, lymph, blood. A safe and gentle cleanser with enhances elimination.

Ingredients: Dandelion Root**, Cinnamon Bark**, Cardamom Seed*, Licorice Root**, Juniper berries**, Ginger Root**, Clove Buds**, Uva Ursi Leaves** and Fennel Seed.

1 Bottle- \$22.95

Moringa CAPSULES

100 Capsules 500 mg #30933 1 Bottle- \$16.75 300 Capsules 500 mg #30934 1 Foil Bag- \$38.75

Moringa POWDER

#30932 1 Lb- \$26.95 #30931 5Lbs- \$102.95



Vitamin Whole Food Supplement

As a superfood, Moringa contains approximately 30% protein, all 8 essential amino acids, 47 anti-oxidants, 36-anti-inflammatory agents, 25 multivitamins.

Moringa is safe for the entire family to consume. When compared to other food sources on a pound for pound basis, Moringa capsules contain:

7 times the vitamin C found in oranges
4 times the calcium found in milk, and twice the
protein 4
times the vitamin A found in carrots
3 times the potassium found in bananas
3 times the iron found in almonds

The benefits of Moringa include:

- ► Increases the body's immune system
- ▶ Provides nourishment to the brain and body
- ▶ Decreases anxiety, depression, and sleep related disorders
- ▶ Promotes cell structure of the body
- ► Supports normal sugar levels
- ▶ Promotes cell structure of the body
- ► Aids in stabilizing diabetes

***Questions**

Do herbs work?

For millions of people in Europe, Asia and other countries where herbal medicine is standard treatment in their healthcare systems, the answer is a resounding "YES!" Here are a few key points to keep in mind when using herbs: DO NOT expect the activity or immediate response of a drug. Results vary with each person, but improvements can generally be seen within 3-6 days. Chronic problems usually take longer.

Are herbs safe?

Yes, used in moderation and according to the manufacturer's recommendation, herbs can be a safe alternative to chemical drugs with their numerous and toxic side-effects.

Why do herb labels not say what they do?

Contrary to what is often stated in the news, the Food & Drug Administration (FDA) regulates what manufacturers are allowed to say on their product labels. We are not allowed to say an herb cures or improves any condition that the FDA considers to be a disease, such as "colds", "cancer", "diabetes" or "high blood pressure". While this can be very frustrating for you as the consumer, it is very important for us to follow the guidelines so that we can continue to provide you with the herbs and supplements you need.

What is the difference between wild crafted and organic herbs?

Wild crafted herbs are grown and harvested in their natural habitat; organic herbs are grown in an controlled environment.

How long can herbs be stored before they begin to lose potency?

The length of time herbs can be stored varies greatly according to to storage conditions. If herbs are kept in a cool, dry, dark place, and in airtight containers, most will retain their potency for up to 3 years. Many find it best to store dried herbs in opaque, airtight glass jars.



We are glad to be offering FREE DVD'S about health and publications to our customers & prospective customers. Most of these have absolutely no financial benefit to us, they are for your best interests.

To receive your FREE OFFER(s) just e-mail us at sales@herbsupply.net your name and mailing address or place check mark on the Order form and we'll send it out ABSOLUTELY FREE.

And as always, our privacy policy will be strictly observed.

Wheat Grass 1Lb #30930

The Best there is!

1 Bottle- \$41.99



From Pine's Int'l

Serving scoop included

The benefits of Organic Wheat Grass powder include:

- ▶ Increases red blood-cell count and lowers blood pressure. It cleanses the blood, organs and gastrointestinal tract of debris.
- ► Stimulates the thyroid gland, correcting obesity, indigestion, and a host of other complaints.
- ▶ Restores alkalinity to the blood. It can be used to relieve many internal pains, and has been used successfully to treat peptic ulcers, ulcerative colitis, constipation, diarrhea, and other complaints of the gastrointestinal tract.
- ► Is a powerful detoxifier, and liver and blood protector. It strengthens our cells, detoxifies the liver and bloodstream, and chemically neutralizes environmental pollutants.
- ▶ Fights tumors and neutralizes toxins.
- ► Contains beneficial enzymes.
- ► Has remarkable similarity to our own blood. The second important nutritional aspect of chlorophyll is its remarkable similarity to hemoglobin, the compound that carries oxygen in the blood.
- ▶ When used as a rectal implant, reverses damage from inside the lower bowel. An implant is a small amount of juice held in the lower bowel for about 20 minutes. In the case of illness, Organic Wheat Grass implants stimulate a rapid cleansing of the lower bowel and draw out accumulations of debris.
- Externally applied to the skin can help eliminate itching almost immediately.
- ▶ Will soothe sunburned skin and act as a disinfectant. Rubbed into the scalp before a shampoo, it will help mend damaged hair and alleviate itchy, scaly, scalp conditions.
- ► Is soothing and healing for cuts, burns, scrapes, rashes, poison ivy, athlete's foot, insect bites, boils, sores, open ulcers, tumors, and so on.
- ► Works as a sleep aide. Merely place a tray of living wheat grass near the head of your bed. It will enhance the oxygen in the air and generate healthful negative ions to help you sleep more soundly.
- ► Enhances your bath. Add some to your bath water and settle in for a nice, long soak.
- ► Sweetens the breath and firms up and tightens gums.
- ▶ Neutralizes toxic substances like cadmium, nicotine, strontium, mercury, and polyvinyl chloride.
- ► Turns gray hair to its natural color again and greatly increases energy levels when consumed daily.
- ► Is a beauty treatment that slows down the aging process .It will help tighten loose and sagging skin.
- ► Lessens the effects of radiation.
- ► Restores fertility and promotes youthfulness.

Vitamin C
(Ascorbic Acid)



Vitamin C, a water soluble vitamin, is a potent antioxidant and studies suggest that this nutrient may prevent premature death from heart disease and cancer. Vitamin C was originally revealed for it's anti-scurvy properties but the focus nowadays is more on its potential cell protection properties. Besides its antioxidant benefits, Vitamin C plays a primary role in collagen formation which is essential for the growth and repair of tissue cells, gums, blood vessels, bones, and teeth. Smokers and older people have a greater need for this vitamin. There is absolutely no proof that esterified Vitamin C or other specialized versions of it are more easily absorbed by the body than ascorbic acid.

Vitamin C (Ascorbic Acid) BULK #30937 1 Lb- \$14.95

Vitamin C (Ascorbic Acid) CAPSULES

> 100 Capsules 675 mg #30935 1 Bottle- \$10.50 300 Capsules 350 mg #30936 1 Foil Bag \$19.95

MSM

Pain control without side effects!



Recommended from the Natural Physician

Allergies and Asthma, Arthritis, Autoimmune diseases, Fibromyalgia, Hair and Nail health, Headaches, Heartburn, Muscle and sports injuries

Ingredients: pure 99.9% MSM powder (methylsulfonylmethane)

The benefits of MSM include:

- ► Pain relief
- ► Reduced inflammation
- ► Increased blood flow
- ► Control of overactive nerve impulses
- ► Reduced muscle spasms
- ► Softening of scar tissue

Beta Glucan, Beta Right

Boost your Immune System!



Beta 1, 3 d glucan is the sole active ingredient in beta glucan. It is derived from the cell walls of baker's yeast (saccharomyces cerevisiae). Beta glucan is known by immunologists for its amazing immune enhancing properties. The Beta Glucan in our capsules is bought from the highest quality manufacturer of Beta Glucan in the industry (Biothera).

Who should take beta 1, 3 d glucan?

People with impaired immunity. People who are susceptible to allergies, autoimmune disease, infectious disease, slow and incomplete healing and cancer. People wishing to slow the aging process. People undergoing radiation or chemotherapy. People over 40 whose immune systems begin to slow through the aging process and geriatric patients. People who are exposed to radiation from external sources such as UV or electromagnetic fields. People with poor nutrition or who consume food preservatives. People under physical or emotional stress. Athletes and those who work out extensively. People with high risk of cardiovascular disease. Animals! To help them overcome illness, stay healthy and live longer. Basically any person who wants to protect their immune system.

MSM POWDER 1Lb #30921

1 Bottle- \$14.95

Serving scoop included

MSM CAPSULES

100 Capsules 515 mg #30922 1 Bottle- \$9.99 300 Capsules 515 mg #30923 1 Foil Bag \$18.75

MSM BULK bags

#30924 1 Lb- \$9.99 #30925 10Lbs- \$67.00 #30926 55Lbs- \$227.00

Beta Glucan CAPSULES

100 Capsules 420 mg #30915 1 Bottle- \$66.75 300 Capsules 420 mg #30916 1 Bottle- \$189.75

90 Capsules 504 mg #30917 1 Bottle- \$70.75 300 Capsules 504 mg #30918 1 Bottle- \$216.75 NEWPRICE!\$199.95

Beta Glucan POWDER

#30919 1/2 Lb- \$202.00 #30920 1 Lb- \$377.00

ESSIAC TEA



An herbal formulation used by Nurse Rene Caisse, who treated terminally-ill cancer patients with remarkable success for over 50 years. Ingredients: Burdock root (Arctium Lappa)*, sheep sorrel (Rumex acetosella)**, slippery elm (Ulmus rubra)** and Turkey rhubarb root (Rheum palmatum)**

ESSIAC POWDER 6 oz

#30927 1 Bottle- \$19.75

ESSIAC CAPSULES

100 Capsules 350 mg #30928 1 Bottle- \$12.95 300 Capsules 350 mg #30929 1 Foil Bag- \$28.95 There are other products in the market place that are very similar, the big difference is the price you pay.

We are sure that you'll find that our prices are absolutely the best you can find anywhere!

100% Pure Activated Charcoal Powder

1 Quart (32 oz) bottle (approximately 10 oz net weight)



Activated charcoal is a fine, black powder that is **odorless, tasteless**, and **nontoxic**. It works by adsorbing chemicals, thus reducing their toxicity.

Ingredients: Activated Wood charcoal (Activated Carbon). Absolutely no animal or coal-based ingredients.

Activated Charcoal Powder can be made into a Charcoal Slurry, which can then be drunk. The Activated Charcoal in the Slurry can ADSORB from the Bloodstream, Heavy Metals, such as Mercury, which usually comes from Mercury Amalgam Fillings in the Mouth. It can ELIMINATE Food Poisoning, Indigestion, Gas and Colon Problems (Colitis, Crohn's, I.B.S, ...). Activated Charcoal Powder can be made into a Charcoal Poultice, which can then be applied externally to the Body. The Activated Charcoal in the Poultice can ADSORB the POISON from Bee Stings or Snake Bites, plus HEAL Bruises, Ulcerations, Inflammation and Injuries.

Charcoal POWDER 10 oz

#30000

1 Bottle- \$9.99 6 Bottles- \$9.00 each 12 Bottles- \$8.25 each 24+Bottles-\$7.75 each

Charcoal CAPSULES

100 Capsules 260 mg #30911 1 Bottle-\$10.99 300 Capsules 260 mg #30912 1 Foil Bag-\$22.95 1000 Capsules 260 mg #30913 \$55.75

Charcoal BULK

#30910 5Lbs-\$49.50 #30909 25Lbs-\$189.50 #30908 44 Lbs-\$266.00

Empty Vegetarian Capsules



Capsules are a good solution for many herbal remedies. Easy to make and take. Herb capsules are virtually tasteless. By making your own capsules, you can create your own blend, perfectly suited to your needs.

Ingredients: Vegetable cellulose and reverse osmosis water.

- ► Empty hypromellose* capsules
- ►Low moisture content
- ► Suitable for all types of products
- ► Ideal for moisture sensitive, hygroscopic and liquid formulations
- ► Non-animal: suitable for vegetarians and vegetarian minded users.
- ► Chemically stable and resistant to *cross-linking*
- ► Physically stable over wide temperature and humidity ranges
- ►FDA "GRAS" status
- ► Global regulatory acceptance
- ► USP/EP compliant dissolution
- ► Preservative free, allergen free, starch free, gluten free
- ► Non GMO
- ► Kosher and Halal certified

Empty Vegetarian Capsules SIZE"0"

#30902 500- \$8.99 #30903 1000- \$13.95 #30904 5000- \$54.50 #30905 25000- \$245.75 #30906 50000- \$477.00 #30907 100000- \$902.00

Empty Vegetarian Capsules SIZE"00"

#30895 500-\$11.75 #30896 1000-\$19.95 #30897 5000-\$84.50 #30898 25000-\$408.25 #30899 50000-\$802.00

Flaxseed Oil #30901

16 oz glass bottle- \$19.95



Flaxseeds are extremely rich in omega 3 (alpha linolenic acid) fatty acids.

The benefits of Organic Flaxseed Oil include:

▶ Flaxseed oil can prevent cardiovascular disease, lower blood pressure, prevent cancer and tumor growth, help arthritis and joint pain, eliminate eczema, and increase hormone production for women. It is necessary for healthy skin and hair.

You can purchase flaxseed oil in you natural food store in the refrigerator section. Always keep refrigerated. Do not cook with flaxseed oil.

Cayenne Pepper SYRUP

#30893 1 oz glass dropper bottle- \$13.99 #30894 2 oz glass dropper bottle- \$23.99



The benefits of Cayenne Pepper include:

▶ Cayenne is the greatest herbal aid to circulation and can be used on a regular basis. There is no other herb that stimulates the blood flow so rapidly, powerfully and completely. It has been used successfully for heart attacks, strokes, fainting and shock. It will control internal and external hemorraging and reduces arthritic pain and inflammation. Use it internally for the cold/chill stage of fevers, debility in convalescence or general old age, varicose veins, asthma, and digestive problems. Externally for sprains, unbroken chilblains (foot sores), neuralgia, lumbago, and pleurisy.

Deep Tissue Repair OIL

#30891 1oz glass dropper bottle- \$10.99 #30892 2oz glass dropper bottle- \$17.95



Ingredients:

Wintergreen oil, Extra Virgin Olive oil, Menthol crystals, Arnica flowers*, St. John's Wort tops**, Calendula flower, Ginger root* and Cayenne Pepper** 180,000 H.U.

External Use Only

The benefits of Deep Tissue Repair include:

- ▶ Repair of muscle, tendon, ligaments, cartilage, joint & bone healing.
- ▶ Relief of arthritic swelling & pain.

Deep Tissue Repair OINTMENT

#30889 2 oz bottle- \$17.95 #30890 4 oz bottle- \$29.95



Ingredients:

Wintergreen oil, Extra Virgin Olive oil, Menthol crystals, Bees Wax, Arnica flowers*, St. John's Wort tops**, Calendula flower, Ginger root* and Cayenne Pepper** 180,000 H.U.

External Use Only

Cleansing Kits



#30001 10- Day Body Cleanse Kit 8 Super Formulas- \$129.95

If you are suffering from Diabetes, Heart Disease, Hypertension, Arthritis, Colitis, Fibromyalgia, Multiple Sclerosis, Lupus, Cancer, Obesity, or any degenerative disease, this 10-Day Detoxification Program is for you. Mind you, this program isn't the the all-inclusive cure for all your ills -- it is the beginning to your road to recovery. This program should be a major part of any cancer or AIDS fighting program.

With the aid of select herbals which are targeted for specific organ systems, the 10-day **Detoxification Program** will aid in systematically cleansing and detoxifying the stomach, small intestine, the large colon, liver, gallbladder, kidneys, urinary $bladder, skin\ and\ tissues,\ blood,\ lymph,\ pancreas\ and\ spleen.$ And the great news is,

The benefits:

- ► Cleanse your body
- ▶ Removes toxins that increase your risk of developing disease such as obesity and reproductive disorders
- ► Helps the liver to recycle hormones, which can increase the metabolism, regulate menstruation and ovulation
- ► Helps to detoxify drug-residues, nicotine, pesticides, heavy metals and parasites
- ▶ Improves digestion and helps the body absorb nutrients more effectively
- Assists the body to achieve a healthy weight without cutting
- ► Suppresses cravings and the desire to over eat
- ► Boosts energy levels naturally
- ► Can clear up embarrassing complaints such as bad breath, intestinal gas and body odor

Contents: Anti-Parasite Formula, Liver Formula, Kidney Formula, Blood Detox, Colon Cleanse, Colon Detox, Detox Tea, Green Nutriment, 10-Day **Detoxification Instruction**



#30914 5- Day Colon Cleanse Kit 2 Super Formulas \$29.95

As a result of the toxic environment, and due to a combination of stress, poor diet, improper food-combining, drug intake and/or lifestyle; over a period of time, many people develop a thick layer of toxic fecal matter that coats the colon. It hardens and becomes impacted, especially if the diet is not natural, reducing the efficiency of the bowel, and in some cases, completely obstructing normal elimination of waste matter from the colon. The colon loses its ability to properly eliminate all waste from the gastrointestinal tract.

As a toxins build up, they disturb normal body metabolism function. As a result, a person may gain pound after pound despite an exercise program, or lose weight despite a good diet. Removing the layer of fecal matter coating the intestines (with anywhere from 25 to 50 lbs.) in many individuals, allows improved assimilation of the nutrients from foods and can alleviate symptoms of vitamin, minerals and other nutrient deficiencies. You want this formulas in your colon at all times, and not sporadically. Then you will notice parasites being removed, casing of old fecal matter and mucus coming out Contents: Colon Cleanse, Colon Detox, 5-Day Detoxification Instruction

The benefits:

- ▶ Relief from the symptoms of many digestive disorders, including irritable bowel syndrome, constipation and hemorrhoids
- ► Increased absorption of any vitamins, minerals, and other nutrients that you ingest
- ► Increased effectiveness of all other detoxification processes
- ▶ Reduction and/or elimination of intestinal parasites and their accompanying symptoms, including insomnia, diarrhea, nervousness, chronic pain, menstrual irregularities, and chronic fatigue
- ▶ Reduction and/or elimination of an overgrowth of Candida albicans, the yeast responsible for recurrent yeast infections, fungal infections like athlete's foot, and a host of other symptoms, from sugar cravings to chronic fatigue
- ► Strengthening of the colon wall, which will speed digestion and allow wastes to pass through the body more efficiently
- ► Creating an environment that will encourage healthy levels of friendly intestinal flora, which are necessary to maintaining balance in the colon

Shipping and Return

Shipping and Handling Times

All orders are typically processed and shipped within 2 business days, and major holidays may delay us a little further. Absolutely no handling fee or other charges!

- We ship every day M-F so if you have payment made by 1pm EST the chances are it will ship that day.
- We DO ship to APO/FPO and Post Office box addresses.
- We DO ship to Alaska and Hawaii
- We DO ship to all countries around the world.

Buyers are responsible for any international customs and duties that may apply. Domestic orders are shipped by either priority mail or UPS ground upon receipt of payment.

Shipping Charges

-For online orders we charge actual shipping based on UPS, FedEx, and USPS rates which are displayed in your cart and during checkout. These charges are calculated and automated within our shopping cart system and all charges are clearly visible during the check out process.

-For our mail order customers we charge shipping based on a subtotal rate table which is on the order form.

Cancellations

Because we process your order within moments of receiving it, we can only accept order cancellations by 3 PM Eastern Time, and all requests for order cancellations received after this time will not be accepted. If you are unable to submit your order cancellation by the 3 PM deadline you may return the parcel after its receipt for a full and immediate refund.

Returns

At herbsupply.net, we will do everything to make your experience with us most enjoyable. If for any reason you are unhappy with the products you received, please send it back within 30 days of purchase for a full refund. This is our way of assuring you that we guarantee you'll enjoy our products. Refunds and credits for returned item will be issued only if item still have factory seal and in its original packaging.

For questions concerning returns please e-mail us at sales@herbsupply.net

PLEASE RETURN MERCHANDISE TO:

Herbsupply.net Attn: Returns 10508 E Victory Ln Inverness, FL 34450

Message Supplements Discount Schedule 🗪

1% - 10-19 of 1 item

2% - 20-29 of 1 item

3% - 30-39 of 1 item

4% - 40-49 of 1 item

5% - 50+ of 1 item

Foil Bag Discounts:

6-11 bags of the same product - subtract \$.50 per bag from wholesale price 12-23 bags of the same product - subtract \$.70 per bag from wholesale price 24-49 bags of the same product - subtract \$.80 per bag from wholesale price 50+ bags of the same product - subtract \$.85 per bag from wholesale price

10% off your next order for a new paying client that you refer to us!

Contact us for Wholesale Prices

Order Form

MAIL THIS FORM TO: Business Hours: 8:00AM to 3:00PM Monday through Friday, EST

Herbsupply.net Telephone Orders: US and International +1-352-450-1695

10508 E Victory Ln Fax Orders: 352-419-7303

Inverness, Fl 34450 Email Orders: sales@herbsupply.net

USA www.herbsupply.net

Use a copy of this form or a separate piece of paper if you need more ordering space.

Name:			Date:		
Address 1:			Phone:		
Address 2:			Fax:		
City: St	ate: Z	lip:	#of pages:		
Item #	Quantity	Description		Cost	Total
			Shipping:		
		Charges below are for US	orders only.	Check here if you receive FREE OF	
		ose outside the US please see our web s	site or call us. Total:		
\$5.95 up to 4	Lus, for dulk	orders call us +1-352-450-1695	1 Otal:		

Thank You for your Order!

Method of Payment: Visa Mastercard Discover Check or money order	Card Number:/	10% off your next order for a new paying client that you refer to us!

In respect for your privacy we do not sell, share, rent or trade our mailing list. How did you first hear about us?



Prices subject to change without notice. There is \$10 minimum order. We do not accept COD orders or CASH.

Telephone Orders

Please, call our customer service line at (352) 450-1695 to place your order with a live representative. Our business hours from 8:00 AM to 3:00 PM Monday through Friday, Eastern Standard Time. Please have your complete order ready, along with your credit card information. For phone orders we only accept Visa, MasterCard, Discover.

Fax Order

You may also fax your order to us at (352) 419-7303 for processing. Please use the Order form on page 22 write your order information including your address, telephone number, credit card information, and signature.

Email Orders

We will happily accept orders by email sales@herbsupply.net. When emailing us, please do not include your credit card information but please provide your phone number so a representative can call you for secure payment.

► Mail Orders

If you prefer to order by mail you can fill out the Order form. Please include your name, shipping address and telephone number, along with what you wish to order. For mail orders we accept personal checks, money orders, Visa, MasterCard and Discover. Please allow up to 8 days for first class mail to reach our offices. You can make a check (there is a \$10 charge for returned check) or money order in U.S. funds only, payable to **Herbsupply.net** and mailed to the following address:

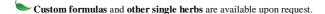
Herbsupply.net 10508 E Victory Ln Inverness, Fl 34450 USA

International Orders

International orders are shipped by United States Postal Service (USPS). Due to current international restrictions, we have decided recently to only ship international orders if the customer pays by PayPai and agrees that they are responsible for the products to enter through their respective country's customs. We cannot guarantee international shipping, nor the passing through customs. Figure 1 is not responsible for any duties, taxes or other associated import fees that your country may impose. These additional costs are the sole responsibility of the buyer. If you still would like products shipped to you and are willing to take all responsibility for their arrival, please e-mail us at sales@herbsupply.net with the products you would like and we will e-mail you back with the total amount to be sent to us by PayPai

Bulk Orders

Offering affordable and realistic prices to everyone is extraordinarily important to us, and therefore we offer substantial discounts of up to 25% when you buy our herbs and supplements in bulk. After close observation, you will see that when the supplements in bulk is consistently cheaper than most every bulk supplier of organic herbal products.



For questions concerning international orders please e-mail us at sales@herbsupply.net

The cost of the custom formulas and single herbs are generally in the same wholesale price range as our other formulas or single herbs (you need to contact us to access these prices), and are determined by the particular herbs used and the number of herbs used. Low minimum order requirements will apply, usually about 5000 capsules for formulas that use stock herbs. For formulas that we do not have the ingredients in our normal stock, the minimums vary according to our supplier minimum purchase requirements, normally the minimums vary between 50 bottles of 100 capsules each for encapsulation of a single ingredient, and commonly 50 or 100 bottles for formulas. For more information please—contact us. We cannot and do not assume any liability for any adverse reactions from the use of custom formulations. We also cannot and do not guarantee the efficacy of custom formulations.

FREE CUSTOM LABELS with your name and contact information!



www.herbsupply.net (352)-450-1695 Fax:(352)-419-7303 10508 E Victory Ln, Inverness, FL 34450 Autumn & Winter 2013/2014 Last revised 10.01.13